



Leisure Sports

IN SARASOTA COUNTY

Sports fans and active travelers have a lot to cheer about in Sarasota County. The area hosts games, regattas, and matches for everything from baseball, rowing, polo, beach volleyball, and more.

Visitors looking for a more recreational vacation have a variety of options, including pickleball at one of Sarasota County's multiple indoor or outdoor courts; rowing, paddling, running or cycling at Nathan Benderson Park, North America's premier outdoor aquatics facility, golf at more than 50 courses, or beach volleyball at the world-famous Siesta Beach, featuring 10 permanent Courts.

Both blueways and greenways offer a sense of adventure and exploration. Whether it's horseback riding, cycling, hiking, birding, or canoeing, there's a trail for every type of visitor.

Siesta Beach



Leisure Sports Highlights

- Sarasota County is home to Ed Smith Stadium and CoolToday Park, where the Baltimore Orioles and the Atlanta Braves, respectively, play during spring training.
- Sarasota County is home to Sarasota Paradise, the region's professional soccer club and a member of USL League One.
- There are more than 80 miles of freshwater trails in South Sarasota County.
- The Legacy Trail has 18.5 miles (and counting) of paved path, and the parking areas and 16 trailheads are dog-friendly.
- Youth athletics are scattered throughout the destination, where kids in Sarasota can enjoy everything from football, skateboarding, and soccer to BMX, lacrosse and rowing.
- Sarasota County offers 18 indoor and 94 outdoor pickleball courts on a first-come, first serve basis year-round.