

Ed Smith Stadium



Leisure Sports

IN SARASOTA COUNTY

Sports fans and active travelers have a lot to cheer about in Sarasota County. The area hosts games, regattas, and matches for everything from baseball, rowing, polo, beach volleyball, and more.

Visitors looking for a more recreational vacation have a variety of options, including pickleball at one of Sarasota County's multiple indoor or outdoor courts; rowing, paddling, running or cycling at Nathan Benderson Park, North America's premier outdoor aquatics facility; golf at more than 50 courses; or beach volleyball at the world-famous Siesta Key Beach, featuring 10 permanent courts.

Both blueways and greenways offer a sense of adventure and exploration is highly encouraged. Whether it's horseback riding, cycling, hiking, birding, or canoeing, there's a trail for every type of visitor.

Englewood Sports Complex



Leisure Sports Highlights



- ▶ Sarasota County is home to Ed Smith Stadium and CoolToday Park, where the Baltimore Orioles and the Atlanta Braves, respectively, play during spring training.
- ▶ Sarasota welcomes its own pre-professional United Soccer League team in 2023.
- ▶ Youth athletics are scattered throughout the destination, where kids in Sarasota can enjoy everything from football, skateboarding, and soccer to BMX, lacrosse, and rowing.
- ▶ There are more than 80 miles of freshwater trails in South Sarasota County.
- ▶ The Legacy Trail has 18.5 miles (and counting) of paved path, and the parking areas and trailheads are dog-friendly.